

ENDORSEMENTS

The level of teaching that Pastor Gary Whetstone brings to the table is absolutely incredible! You need this. It's going to take you to the next level. When you get an opportunity to hear something that Pastor Whetstone has endorsed and prepared, you are hearing from somebody who's not just been in the boardroom, but has been right there on the field fighting—and he knows what he's talking about.

—*Bishop T.D. Jakes*
The Potter's House
Dallas, Texas

There could be no more suitable subject for these perilous times, and no one in his lifetime is exempt. The need is universal, and the solution is spiritual. In this book, Gary Whetstone provides us with many succinct and viable answers that can only free and strengthen.

—*Charles E. Blair*
Pastor Emeritus, Calvary Temple
Denver, Colorado

It gives me a great deal of personal and spiritual satisfaction to share a few words on Brother Whetstone's new book, *Make Fear Bow*.

I have known Gary Whetstone for over twelve years. We have traveled together throughout the nations of the world. It has been my joy to see firsthand the mighty anointing of God upon Gary as he teaches God's Word to countless multitudes.

Make Fear Bow is destined to flow in this same anointing—a balanced teaching of God's holy Word.

When you apply the truths outlined in this book, any fears you may have possessed will be destroyed because of the anointing!

—*Morris Cerullo*
President, Morris Cerullo World Evangelism
San Diego, California

I believe all those who come under the anointed teaching and the ministry of Pastor Whetstone will be thoroughly equipped to gather in the end-time harvest before the imminent return of our Lord and Savior Jesus Christ.

—*Rod Parsley*

Senior Pastor, World Harvest Church
Columbus, Ohio

MAKE
Fear
BOW

GARY V. WHETSTONE



WHITAKER
HOUSE

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MAKE FEAR BOW

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God has purposed for you to become free from fear, and your freedom will liberate others! Today, those who are relying on the Lord are being used to bring about great transformations. The world needs what God has placed within you. Now is the time to let it out! Nothing can stop you except fear itself, so make fear bow!

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Do you want to move into a realm of freedom where the devil no longer has the power to hinder you? This will happen when you conquer the two greatest fears that mankind faces. You can settle this issue right now. Then nothing will be able to hold you back!

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FOREWORD

Gary Whetstone has written the most complete book I've ever read on fear—where it comes from and how to get rid of it.

It not only deals with every kind of fear and all the ways fear can sneak in, it also shows how to positively overcome it in every area of life. I love Gary's acrostic for fear:

F—False

E—Evidence

A—Appearing

R—Real

You'll discover that fear's false imagery creates torment that exists in the imagination—but is all too real. You also may find that “calculated pessimism,” an insidious deception, is making your life “smaller” than it ought to be.

Gary's book shows how you can break free from the fear-crippled masses of “not able” people to join the fear-less ones who are empowered and able to do “*all things through Christ*” (Philippians 4:13). There is no question, this book is a must read for every Christian!

When you read *Make Fear Bow*, the devil and his deceptions will be revealed. He will have to flee—and you will be set free! You really can escape—live fear-free—and this book will show you how.

—*Marilyn Hickey*
Marilyn Hickey Ministries

*“Fear not, for I am with you; be not dismayed, for I am your God.
I will strengthen you, Yes, I will help you,
I will uphold you with My righteous right hand.”*
—Isaiah 41:10

*“For God has not given us a spirit of fear,
but of power and of love and of a sound mind.”*
—2 Timothy 1:7

CHAPTER ONE

HOW TO TRAIN AN ELEPHANT

I didn't mean to startle you," apologized the young man. He had accidentally bumped into Anne as she came out of her hotel room in Chicago.

In a flash, the middle-aged woman recalled the trauma that her younger sister had experienced five years earlier—she had been raped at knifepoint! Afraid that the same thing would happen to her, Anne allowed a harmless encounter to catapult her into a whirlwind of fear.

She could not call home to tell her husband. They had just agreed that she could travel alone again. She could not confide in her boss. The last thing he wanted to hear was that his employee was too fearful to get the job done. Her sister was not an option, either. So, one more time, Anne stuffed her hidden fears deeper within herself. *After all, who can really help me?* she wondered as another restless night dragged on.

For more of us than we want to admit, fear is a debilitating force. It freezes us in its grip, like a cold hand muzzling our mouths. Trapped by it, we can't scream, and we can't get free.

Beth will never forget how a relative sexually molested her. The first time, she was only a small child; then it happened again when she was a teenager.

Without realizing it, she developed a fear of men. When Beth went away to college, she met Todd, who, throughout their college years, clearly demonstrated that not *all* men would hurt her. He loved her from the start, and he proved himself to her over the years. His tenderness and gentleness broke down Beth's defenses, and she began to love and trust him.

One day, Todd proposed to her. Beth was thrilled and wanted to marry him, but fear gripped her. She seriously considered not marrying the man she loved because, although she trusted him, she did not know if she could handle the physical intimacy of marriage.

Living in Fear

Are you
locked in fear's
immobilizing
grip?

Does fear have you in its grip? How much time do you spend worrying, suspecting, dreading, doubting, questioning, or expecting the worst? Are you cowering from the life God has intended for you because you are afraid to step out in faith? Have the images in your mind already painted you into failure's dead-end? Do you often feel threatened or restless? Do you live in the torment of constant fear, daily struggling to find a solution to the disaster you imagine is looming ahead?

Maybe you've just watched a television show that portrayed a vicious crime; now, you fear for the safety of your family. In the middle of the night, when the wind gently blows the curtains, is your mind locked in a vise of fear that a drug-crazed gang member or burglar has entered your house? If you hear sirens, are you convinced that a family member has been in a terrible accident? Do you fear contracting HIV or AIDS when you find yourself shaking hands with a frail man who looks sick? Fear can grip you, immobilizing you, or it can cause you to jump to extreme conclusions.

Chuck still recalls from his childhood what happened every time he sat down to eat fish for dinner with his family. Throughout the meal, he would hear the story repeatedly told of how his Uncle Bob had choked to death on a fish bone. First, his uncle couldn't breathe. Then he grabbed his neck, turned

blue, and beckoned for help as everyone helplessly watched him die at the table. Chuck cannot forget the tension he sensed as a child at dinnertime. If he coughed, the adults panicked. Immediately, someone would slap his back vigorously, and another would shove a glass of water in his direction. The same story still plays out in Chuck's mind today. For years, he refused to eat fish because of the fear-encoded message ingrained in him: "Small bones can kill you—just like they did your Uncle Bob!"

Fears Develop in Many Forms

Fears, which manifest themselves in many different ways, plague people every day. Some people have phobias about flying. Others fear driving. Some become terribly nervous when, instead of driving themselves, they take the passenger's seat. Some are afraid to ride in elevators, while others are fearful of crossing streets. The fear of water or going across bridges enslaves still others.

Many, who are single from divorce, are terrified of ever remarrying again. Others, who have never been married, are afraid of making the wrong choice for a mate. Some married couples are afraid of staying married, while others fear divorce will strike them.

Some people fear darkness, small places, or heights. Many fear going to their doctors—afraid they will hear some dreaded diagnosis. Others seek medical attention continually, even though their complaints are nothing more than psychosomatic.

Some fear going out to public places, such as to shopping malls, athletic events, or even to the grocery store. Others are afraid of staying home and interacting with their spouses and family members. Some men crash in the area of communication because the fear of human relationships binds them. Fear cripples and destroys some married women who are afraid that, if they gain weight, their husbands will no longer find them desirable.

Your Appointment with Freedom

You do not need to be bound by your fears! Today, you are holding in your hands an appointment with freedom. Unfortunately, many of the people you

know will never experience the freedom that is theirs, but *you* can change that! Yes, *your* freedom can liberate not only you but also those around you.

This book, *Make Fear Bow*, has come to me as a mandate from Jesus. It happened during the month of September, as summer drew to a close. I was in a time of prayer when the Spirit of the Lord spoke to me. He instructed me to take the more than two thousand prayer requests that had come into our ministry during that one week, fly to London, and stay in a hotel room to pray for them. I was also to stand in support of a major spiritual breakthrough for the United Kingdom and Europe.

Your freedom
can be the
means of
liberating
someone else.

As I spent hour upon hour in prayer over the requests, I began to notice something extremely alarming that grieved my spirit. More than 80 percent of all the written prayer requests had one common element: fear! I read about the fear of marriage failure; fear of children leaving home; fear of being unable to cope with retirement; fear of being in elevators; fear of taking tests; fear of greeting new people; fears that, in the middle of the night, creep from the imaginations of the mind; and many others too numerous to list. These fears became so evident among the prayer requests that by the second day of my time of prayer, I went back through them with a red pen and marked every one that had fear as its underlying cause. Then I categorized them from family concerns to personal inadequacies to senses of timidity to absolute paralysis and inability to cope with life.

Today, as you begin to read, I want you to understand my heart and the reason for this book. It is simply because the Holy Spirit has targeted one of the major strongholds that has affected the body of Christ. Intimidation and bondage have infected every aspect and walk of life, and the result is devastating. This stronghold has greatly diminished and almost neutered the effectiveness of the Christian life. But God can change all that!

During the week of prayer in England, I met with people from several major international ministries and explained what had been happening in my prayer time. In Earl's Court of London, England, we launched a prayer

ministry that yielded breakthrough after breakthrough. Literally, within one day, we broke major strongholds that had held back the church that Jesus purchased by His own blood. Throughout that week, we violently waged war against fear through prayer.

The greatest fear gripping the ministers there was breaking the hold that traditions had on them. When their fears were exposed, we were able to destroy the façade that had been created by their religious rituals. Now, the devil was in trouble.

It was time to turn on the light and drive fear from their lives. They had been bound by the fear and shame brought about by preaching a message of freedom while still being captives themselves. As they became open, candid, and repentant, they were set free to experience and live in the liberty of Christ that they had been preaching about!

I had struck the devil's nerve center! Throughout this book, we will hit him over and over again until *you step into the liberation God has promised to you!*

God gave me explicit instructions to research the Word of God and uncover every cause and the resultant effects of fear. What I discovered is one of the most powerful revelations I have ever shared. Today, this message continues to transform lives.

Break the Tie that Binds

One of the prayer requests I took to London was from a single woman in her mid-twenties. She wrote that, years before, she had become pregnant before marriage and had never finished high school. Now, she had two children. When the young woman reflected upon her life, her mother's constant negative statements repeatedly sounded in her ears.

Her mother also had children out of wedlock and had never graduated from high school. Constantly, she nagged her daughter, saying things like, "You'll never make anything of your life. You'll be just like me. You'll constantly go from man to man. No one will ever want you. Nobody will love you. You'll be happy if someone will just give you the time of day. You're used

goods...that's all...used goods!" Yes, *that sums up my life—used goods*, the young woman thought.

When I received this single mother's prayer request, she feared that what her mother had spoken over her life would become her reality. Then she heard my teaching on *Make Fear Bow*. After setting her life right with God, she determined that her mother's words would *not* rule her life. This young woman conquered those fears and, as a result, now has a very strong self-image. She has a successful job, and her children are doing well. Her life will never be the same!

Do you see how that mother's words bound this young woman in fear? Those words became a rope that tied the mother's past to her daughter's future. They doomed the young woman to the fears of failure, loneliness, and never finding love or happiness. As a result, inadequacy, shame, and guilt continually tormented her. Finally, when she heard the truth about her fears, it set her free. She broke that tie that had bound her for her entire life. That is how powerful this message of *Make Fear Bow* is! However, unless you know you are bound, you will not seek to be set free.

What is your limiting factor?

Let me explain. Do you know how to train an elephant? When a baby elephant is born, it knows only one thing: Mom! She is her baby's primary place of safety and source of nourishment. As long as the mother is tied with a length of rope to the stake, the baby elephant stays within the limits of the mother out of necessity.

Soon the baby elephant's leg is tied to its own rope and stake. The rope is not very thick and is not driven very deeply into the ground. Early on, the baby elephant knows its limitations. It can go only as far as the rope will allow.

Several years later, when the baby has grown, the animal is an ominous sight. Although it possesses immense strength, its leg is still tied to a thin rope. The length of the rope from the post is the only distance this huge, powerful animal will go. Anyone can see that with only a slight effort, the elephant could snap the rope in two. Yet it does not! Why?

Tied to the stake, that rope has always been the elephant's limiting factor in life. Years later, when the elephant feels the slightest resistance from the

rope, although the animal is thousands of pounds heavier, it believes that it can go no farther.

This illustrates the power of a yoke. Today, many people are bound to the limits of a repetitive cycle of attitude, frustration, fear, behavior, and other bondages. Although the “Greater One” lives within them, they accept these false limits as the boundaries of their lives.

Have you been trained like an elephant? Does the old perimeter of fear still stand as your limiting boundary? As you read this book, open your heart wide. Let the revelation of God’s insights and wisdom unfold within you. He will reveal your true spiritual nature and purpose. Allow the anointing of God to lift the weight of oppression from you and break the yoke that fear has caused. Accept God’s promise for you:

And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing. (Isaiah 10:27 KJV)

Let’s get hooked up together with God to break the yokes that bind your life!